

CANYON BREEZE

AT RED MOUNTAIN RESORT

BREAKFAST MENU | 6:30 - 11:00AM

BREAKFAST

STEEL CUT OATMEAL.....8
fresh bananas | fresh mixed berries
| brown sugar

SEASONAL FRUIT PLATTER.....14
melons | mixed berries | vanilla
yogurt | sliced banana bread

AVOCADO TOAST.....10
smashed avocado | country wheat
bread | olive oil | chili flakes

choice of one egg.....+2

RED MOUNTAIN AMERICAN
BREAKFAST.....14
choice of bacon, sausage, or
ham | breakfast potato | any
style eggs | fresh herbs

BLUE BERRIES ROBBY'S CRUSTED
ALMONDS PANCAKE.....14
blueberries | powder sugar | maple
syrup

TRADITIONAL BENEDICT.....14
english muffin | canadian bacon |
poached eggs | breakfast potato |
hollandaise sauce | fresh chives

BREAKFAST SKILLET.....14
yukon potato | bacon | sausage |
pepper & onion | two eggs any style |
cheddar jack cheese

EGG WHITE BREAKFAST
FRITTATA.....14
baby heirloom tomatoes | yukon
potatoes | mozzarella cheese | fresh basil

AMERICAN BELGIAN WAFFLES....14
mixed berries | homemade honey
butter | maple syrup

BREAKFAST BURRITO.....14
potatoes | onions | peppers | cheese |
bacon | scrambled eggs

SIDES

FRUIT CUP.....7

OATMEAL.....5

HOME FRIES.....6

*thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, milk, poultry, or shellfish reduces foodborne illness risk. Individuals with certain health conditions may be at a higher risk if these are raw or undercooked.

CANYON BREEZE

AT RED MOUNTAIN RESORT

LUNCH MENU | 12:00 PM - 2:00 PM

SALADS

CAESAR SALADhalf 6 | full 11
romaine lettuce | parmesan cheese | garlic croutons |
creamy Caesar dressing
vegetarian

GREEN GODDESS SALAD.....half 6 | full 11
little gem lettuce | baby frisee | avocado | celery |
edamame | cucumber | pears | green goddess
vegetarian/vegan

SPINACH SALAD..... half 6 | full 12
baby spinach | hard boiled eggs | shaved onion
applewood smoked bacon | organic carrots |
sunflower seeds | poppyseed dressing

TABBOULEH SALADhalf 6 | full 11
baby spinach | yellow frisee | tabbouleh | sweet
peppers | herb chickpeas | tzatziki dressing
vegetarian

ADD-ONS: salmon 9 | strip loin steak 12 | tofu 7 | tabbouleh 7 | chicken 6

HANDHELDS

all sandwiches are served with a choice of french fries, side salad or Jicama salad

GRILLED CHICKEN SANDWICH 16
Redbird Farm chicken | roma tomato | baby arugula |
avocado | fresh mozzarella | pesto aioli | whole grain
wheat bun

SPICED BISON BURGER 23
roasted pasillas pepper aioli | argula | pickled onion | whole
grain wheat bun

UT-47 BEEF BURGER..... 17
smoked cheddar cheese | tomato chutney |
pickled onion | pickle spear | RMR epic burger
sauce | whole grain wheat bun

PULLED CHICKEN SHAWARMA WRAP 18
yogurt tahini slaw | cucumber | pickled radish |
Harissa honey sauce

gluten free bun available

ENTRÉES

CHARRED CAULIFLOWER 15
red pepper romesco | sunflower seed crunch |
gremolata
vegan

BAJA TACOS 16
market fish | two flour tortillas | Mexican slaw | cilantro
creamy | tortilla chips | pico de gallo
Choice of fish or steak tofu

SIDES:

French Fries 7
Mint Tabbouleh 9
Harissa Yogurt 9
Jicama Salad 6
Sautéed Tofu 7

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CANYON BREEZE

AT RED MOUNTAIN RESORT

DINNER MENU | 5:00 - 8:00PM

SHAREABLES

CRISPY BRUSSELS SPROUTS 12
goat cheese | dried cranberries | citrus balsamic
vegetarian option

JUMBO LUMP CRAB CAKES 19
baby heirloom tomato | pickled onion | caper lemon aioli

CHARRED CAULIFLOWER 15
red pepper romesco | sunflower seed crunch | gremolata
vegan option

SALADS

SPINACH SALAD..... half 6 | full 11
baby spinach | hard boiled eggs | shaved onion |
applewood smoked bacon | organic carrots | sunflower seeds
| poppyseed dressing

CAESAR SALAD.....half 5 | full 11
romaine lettuce | parmesan cheese | garlic croutons | creamy
Caesar dressing

TABBOULEH SALAD.....half 6 | full 11
baby spinach | yellow frisee | tabbouleh | sweet peppers | herb
chickpeas | tzatziki dressing
vegetarian option

GREEN GODDESS SALADhalf 6 | full 11
little gem lettuce | baby frisee | avocado | celery | edamame |
cucumber | pears | green goddess
vegan option

ADD-ONS: chicken 6 | salmon 9 | strip loin steak 12 | tofu 7 | tabbouleh 7

HANDHELDS

all sandwiches are served with a choice of french fries or side salad and with our homemade "Red Mountain Resort House Epic Burger Sauce"
gluten free buns available

GRILLED CHICKEN SANDWICH14
Redbird farm chicken | Roma tomato | baby arugula | avocado |
fresh mozzarella | pesto aioli | whole wheat bun

SPICED BISON BURGER 23
Roasted Pasillas Pepper aioli | arugula | pickled onion | whole
grain wheat bun

UT-47 BEEF BURGER..... 17
smoked cheddar cheese | tomato chutney | pickled onion |
pickle spear | RMR epic burger sauce | brioche bun

PASTA ENTREES

TAGLIATELLE PASTA 20
wild mushroom ragu | lentils | tomato | garden herbs | pecorino
vegetarian and gluten free option

PESTO TAGLIATELLE PASTA 20
baby heirloom tomatoes | burrata | fresh herbs
vegetarian and gluten free option

ADD-ONS: chicken 6 | salmon 9 | strip loin steak 12 | tofu 7

ENTRÉES

REDBIRD FARM ORGANIC CHICKEN..... 29
airline chicken | herbed lentils | roasted root vegetables |
lemon sumac vinaigrette

UTAH LAMB LOIN 39
9oz lamb loin | tabbouleh | smoky eggplant puree | harissa
yogurt

KING SALMON..... 32
pan-seared salmon | sauteed squash | pomodoro sauce |
sweet corn | fresh herbs

14OZ NEW YORK STEAK 39
roasted fingerling potatoes | broccolini

SIDES

all sides are vegetarian

French Fries7
Seasonal Vegetables 8
Sautéed Wild Mushrooms 9

Jicama and Apple Salad 6
Garlic Herb Fingerling Potatoes with Lemon Olive Oil .. 9

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TO GO MENU | 6:30AM- 3:00PM

SALADS

CAESAR SALAD..... 11
romaine lettuce | parmesan cheese |
garlic croutons | creamy Caesar
dressing

BLUE FIELD GREEN SALAD.....12
field greens | baby arugula | gorgonzola
cheese | pickled onions | dried cranberries |
white balsamic

CHICKEN 4

COLD SANDWICHES

TURKEY CROISSANT..... 10
boston lettuce | turkey | swiss cheese | cranberry
aioli | large croissant

TOMATO MOZZARELLA..... 10
mozzarella cheese | roma tomato | basil | pesto
aioli | ciabatta bread

EGG SALAD SANDWICH..... 10
eggs | onion | celery | mayo | mustard | whole grain
bread

VEGGIE HUMMUS..... 10
hummus | lettuce | red onion | bell pepper |
cucumbers | large spinach tortilla

TUNA SALAD SANDWICH..... 10
onion | celery | mayo | mustard | whole grain bread

CHIPS 3 | WATER 3

HANDHELDS

12:00 - 2:00 PM

all sandwiches are served with a choice of french fries or homestyle potato chips, and with our homemade "Red Mountain Resort House Epic Burger Sauce"

GRILLED CHICKEN SANDWICH 14
Redbird Farm chicken | roma tomato |
baby arugula | avocado | fresh mozzarella
| pesto aioli | brioche
bun

BLUE CHEESE BALSAMIC BURGER 18
UT-47 beef | blue cheese | baby arugula |
caramelized onion | brioche bun

UT-47 BEEF BURGER..... 16
smoked cheddar cheese | tomato chutney |
pickled onion | pickle spear | RMR epic burger
sauce | brioche bun

QUINOA VEGETABLE BURGER..... 15
tomato chutney | boston lettuce | avocado |
whole wheat roll

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